

#### Needs Council 2023 **Board Members**

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Need to update your email address?	
We are updating our contact list and want to make sure we can reach you!	$\overline{\mathbf{\nabla}}$
If you are (or want to be) on our contact list, please send your current email	-20
address to: info@needscouncil.org	

### **Director's Corner**

The Needs Council represents the best me her counselor has of our community's heart. It is a place given her more hope where volunteers find purpose and than she ever thought belonging, where families find relief possible, we are from the threat of eviction, and where seniors find that people still care about them. A place that provides weekly food bags to hungry kids and where women who've only known abuse find themselves whole again.

As a staff we are privileged to bear witness to the fruit of your compassionate caring. When we hear stories like that of the teacher sharing the As Gregory Boyle so eloquently stated, little boy's joy in having "his OWN bag "Here's what we seek: a compassion that of food" (see story on page 2), we are can stand in awe at what the poor have to reminded of the ripple effects your carry, rather than stand in judgement at support brings to families. When an how they carry it". elderly client calls to thank Gina for "giving" her such a nice young man to May your Holidays be filled with drive her to the doctor, or when a Compassion & Joy! domestic violence client tells

reminded.

Over the last 40 years the Needs Council has evolved from its first seeds of purpose into a multifaceted resource and counseling center where needs are met with gentle guidance and assistance. We intentionally set our sights on serving each client with the dignity and kindness we would want.

Cindy Heifner Executive Director

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You, your family, and your club or church are invited to take part in a memorable Christmas Experience this December.

- Anonymously adopt a Needs Council family or Homebound Senior to bring incredible joy and relief from your heart to their home.
- Families receive a basket of food, household goods & GIFTS for the children. Seeing Santa and hearing him call each child by name is the highlight of distribution day. He infuses each child with magical joy and love!
- · Homebound Seniors look forward to their "Elf" visit and delivery of their personally selected Angel Tree presents during the week before Christmas. (Requests generally include winter robes, socks and chocolates!)
- Call as soon as possible to make either of these programs a part of your Christmas celebration! P.S. Believe it or not, a group from last year called this July to be certain they could adopt 2 families and 2 seniors this year, so be sure to contact us soon!



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# A Special Holiday Invitation



If you'd like to adopt, call us at 830-997-9756 or email <u>info@needscouncil.org</u> to help make a senior or family's Christmas extra special!

Providing food to hungry kids is an ongoing need. The F4K program began fifteen years ago, when local school counselors identified children who were being left at home alone on the weekends while their parents work. The high cost of living in this area requires parents to work multiple jobs and extra hours. Kids are left to feed themselves, if there's food available. The F4K program supplies nutritious snack food to help lessen their hunger during the weekends.

The first year started with 30 kids at one campus. Now, the program serves approximately 400 Gillespie County school children throughout the school year. We have a list of specific nutritional food items that don't require cooking or can openers. The kids look forward to receiving "their" food bags every Friday.

We have a committed volunteer base from several local churches that not only put the bags together, but deliver them to the campuses throughout the school year. For those volunteers, this program really is their "baby."

As one little boy explained to his teacher, "I love having my OWN bag of food. My tummy gets sooo hungry on Saturday and Sunday. I get in big trouble if I eat any of Dad's lunch meat or bread, so it's good now I have my own food."

Beyond the dedicated volunteers who put in the labor every week, many of you support the F4K program through food drives and your generous donations. Without that support, this program would cost \$9/bag each week. This is just one of the ways that you, our volunteers and donors impact the community.



## List of approved food items:

- Tuna Kits
- Beanie Weenies
- Applesauce Cups/Pouches
- Protein Bars
- Granola/Breakfast Bars
- Fruit Cups
- Crackers w/Cheese
- Crackers w/Peanut Butter
- Peanut Butter (singles)
- Trail Mix/Nuts
- Beef Jerky/Meat Sticks
- Vienna Sausages
- 100% Juice Boxes
- GoGo Squeez Yogurtz

If you're interested in donating to the Food-4-Kids program, go to needscouncil.org/f4k or call the office at 830-997-9756

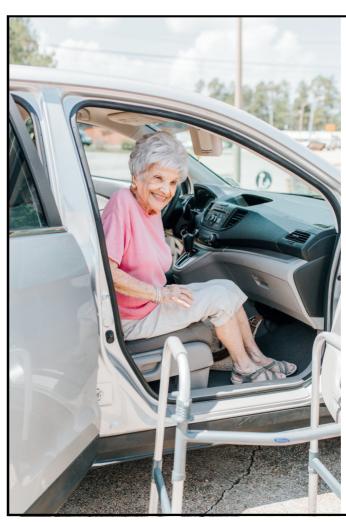


### Thank you to our School Supplies volunteers and donors!



Pam Wilson & Holly O'Neill help kids choose a new backback.







Over 800 students supplied!

We are making progress on The Little Hearts Child Development Center plans - we hope to break ground in early 2024!

olunteer!

HELP TRANSPORT SENIORS TO THEIR **MEDICAL APPOINTMENTS!** 

"I have always supported myself and helped others. My declining health changed things, so I had to ask for help. This is uncomfortable for me. The Needs Council volunteers who take me to doctor appointments have brightened my days! Every one of them is precious. I've never known such kindness." -Annie



VISIT: NEEDSCOUNCIL.ORG/RIDES

