



1904 North Llano Street • P.O. Box 73 • Fredericksburg, Texas 78624 • 830-997-9756 • info@needs council.org



What if you were forced to choose between paying your electric bill or purchasing school supplies? What if it was food that you were choosing between? For many families in our community, this scenario is a stark reality. The long list of items needed to succeed in class can cost in upwards of \$75 and when there are multiple children, it can devastate a family's already strapped budget.

The good news? You can help!

"Teachers are greatly appreciative of all that is done for our kids by you & all of the volunteers! THANK YOU from all of us here at FMS!" Julianne Hohn, Counselor

what's needed?

- Backpack (no wheels)
- Notebook Paper, wide rule
- Binders, 3 ring- 1.5" & 2" sizes
- Pencil Sharpener w/shaving collector
- Pocket Folders with brads, all colors
- Pencils
- Subject Dividers, plastic with pockets
- Pens black, blue or red
- Crayola Crayons, regular & twist up
- Highlighters, any color
- Crayola Colored Pencils
- Pink Pearl Eraser
- Crayola Watercolors
- Spiral Notebook, wide rule 70 page
- Crayola Markers, classic broad line
- 5 Subject Spiral Notebook
- Expo Dry Erase Markers, all Colors
- Composition Notebooks
- Pencil Sharpener w/shaving collector
- Glue Sticks
- Elmer's Glue 4oz
- Scissors, pointed and rounded tip

Supplies can be dropped off @ Needs Council office during business hours. Check fb for other collection sites!

Volunteers share a meal & smiles during annual appreciation dinner at Saint Barnabas



Pictured L to R: John Haebig, Rhonda & Chris Kunz, Joyce & Barry Trautman



Pictured L to R: Board members Marion Wiggins, Mark Peterson, President & Julianne Hohn



Pictured L to R: Emil & Annie Rendon, Judy & Bill Lange, Geneva & William Baccus



Karen & Dwight Oestreich with those who help pack Food-4-Kids bags each week.

Big thanks to all our donors - especially to Marc & Cindy Bennett for supplying all the BBQ!



MEMORIALS, HONORARIUMS & DONATIONS TO THE NEEDS COUNCIL

 *A special
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all of our
anonymous
donors*

October 26, 2017 through May 16, 2018 (excluding campaign donations)

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The 3 R's of Counseling

providing the foundation of emotional support for our clients



Randa

How does the NC impact our community?

Basic needs must be met before anyone can reach their full potential – food, shelter, safety. The Needs Council provides assistance with those things but also addresses self-esteem issues, anxiety and fears that are holding them back.

What is the most rewarding part of your job?

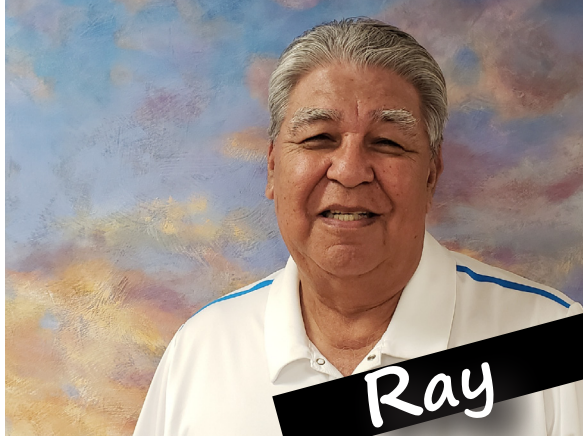
Seeing people work through some of the most traumatic situations and find joy again.

Seeing domestic violence survivors heal and learn to see themselves as valued, capable people living out their own dreams. It's been awesome to see them regain their self-esteem as they learn to navigate their own lives away from fear and danger, and find peace.

Qualifications: Master of Science in Social Work, Clinical Social Worker Accreditation

Years Exp: 17 years

Areas of Focus: Grief, Anxiety Disorders & Trauma



Ray

How would you describe the NC's approach?

One thing I've noticed about the Needs Council is we are here to help – but we don't enable – clients have to do their part.

What would surprise the community?

That most clients want to be understood and not judged.

Can you share a positive change you've witnessed?

One client in particular has done a full 180 – he has a job, has taken responsibility for past criminal action and is very proud of his sobriety. Even though he has his life on track now he continues to check in with me because he doesn't want to ever slip back.

Qualifications: Licensed Chemical Dependency Counselor, Certified Anger Mgmt Specialist

Years Exp: Entire career in mental health field, 17 years in Anger Mgmt & Substance Abuse Counseling

Areas of Focus: Anger Mgmt & Substance Abuse



Rhonda

What advice would you give someone who is hurting?

This is just a season and life will get better. Reach out because you are not alone.

What is your goal for clients?

It is to foster resiliency. It's not what happens in life. We're all going to suffer loss and setbacks but it's what we do once it happens that defines us.

Multiple children who had threatened self-harm are functioning healthier because of the collaboration between [the Needs Council], doctors, parents and schools. It takes all of us to foster children's independence where they are ready to meet life's challenges.

Qualifications: Doctorate, Educational Psychology, Licensed Psychologist, Licensed Specialist in School Psychology

Years Exp: 22 years

Areas of Focus: Children & Women suffering from trauma

thank you

Mike & Mary Porter

for your generous support of our counseling programs



Substance Abuse

Anxiety Sexual Abuse Grief
Counseling
Anger Management Children's Counseling
Domestic Violence Depression



Laurie's Song

Humble, giving and kind are just a few of the words that describe Laurie Jenschke. "I'm sure there are many people who do so much more that you could interview," she said with a smile. The truth is Laurie has done a great deal of good for the Needs Council during her time as board member and for many years beforehand.



Needs Council 2018 Board Members

Mark Peterson - President
Andy Bray - Vice President
Jade Browning - Treasurer
Becky Walch - Secretary
Bea Aldrich
Rev. Bur Dobbins
Carla Herbig
Julianne Hohn
Laurie Jenschke
Elizabeth Rodriguez
Marion Wiggins

"I've always believed that if everyone took care of people in their community, we'd solve all the world's problems," Laurie said. She and her husband Daniel instilled giving into their three children by adopting families from the Needs Council each Christmas and have continued the tradition – adding their grandchildren to the mix. "The best thing you can teach your children is charity. You can always help someone else," she said.

Their family expanded from adopting families to adding automatic monthly donations. "It's more manageable for me to give this way and it's money they can count on each month," Laurie said. As if that weren't enough they give each year through their business

– Daniel Jenschke Builders – and have selected the Needs Council to receive proceeds of the Essence Women's Choir concert Laurie directs each December supporting family violence services. "I think what I find most rewarding is helping women and children get out situations that seem hopeless and break the cycle," she said.

With her obvious passion, Laurie was a great fit for the board of directors. "It was a dream to be asked because I admired what the Needs Council was doing and wanted to be a part of it."

Laurie encourages others to get involved as well. "By giving to the Needs Council you know your money will be kept here helping people who need it most. And by getting involved, you can see firsthand how the money is being used."

Laurie has certainly been a good steward of all she has been given. Her angelic voice has directed choirs for 35 years in Fredericksburg, Austin and as far as Rochester, NY. She has founded choirs and served as music professor at Texas Lutheran University for 10 years. Her family means the world to her as she takes care of grandchildren and her 92 year old mother who still lives at home. When asked what her legacy would be, she said, "I'd like to be remembered as someone who helped others." Can't imagine remembering Laurie any other way. ♥

Director's Corner

Compassion is about "the moment". It is responding with what you have in hand (encouragement, talent, money or a shoulder to cry on) that will meet someone's need. All those times you followed your best inclination to be the helper, the healer, the HERO in some else's life. Grandparents are often the HEROs in children's lives. They are the safe haven, the home base of unconditional love. Although my own children haven't become parents yet...I've looked forward to being Grandma all my life, precisely because my grandparents gave me that kind of love.



Nearly three million kids in America are being raised by their grandparents. Many if not most of those grandparents have a fixed income and are ill-prepared for the financial and emotional challenges of raising their children's children. The Needs Council has helped many such families over the years and recently met a new one. This teenager was referred by her school counselor for grief and depression counseling. When an accident tragically killed her parents she came to live with the only family she had – her elderly grandparents. The amount of loss this child has had to cope with is difficult to write about. Most of us adults couldn't deal with losing everything we know in one day... parents, home, friends, pets, & church family. As the article highlighting our in-house counselors on page (3) expresses, we are beyond grateful to have these compassionate professionals here to help our clients find hope. By the way our teenager has come a long way in a short time ~ we love seeing her smile as she leaves her weekly appointment. You make this work possible!

Our world needs more compassion, more kindness. Kindness is missing from much of our social discourse. It's been said that courtesy is the language of respect – it can change attitudes, outcomes and lives. Each of us can benefit from a stranger's smile, just as we can benefit from giving one. Thank you for your continued and compassionate support.

Sympathy is
something you feel;
Compassion is
something you
show,
Or better yet,
something you do.

Dr. David Jeremiah

HILL COUNTRY COMMUNITY



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